

# THE CALIFICATION

*Preliminärt program*



# BARCELONA 2025

FREDAG

**22 AUG • DAG 1**

14.00

20.00

**ANKOMST**

CHECK IN

OPEN JAM

LÖRDAG

**23 AUG • DAG 2**

7.30

13.00

17.00

18.30

20.30

**WORKSHOPS**

YOGA / BEACHWALK

GEMENSAM LUNCH

WORKSHOP

FREESTYLE

OPEN JAM

SÖNDAG

**24 AUG • DAG 3**

9.00

14.00

20.00

**WORKSHOPS**

WORKSHOP

BREATHWORK  
MOBILITY  
CALISTHENICS  
ICE BATH

OPEN JAM

MÅNDAG

**25 AUG • DAG 4**

8.30

11.00

19.00

20.00

**UTFLYKT**

YOGA / BEACHWALK

UTFLYKT PARC GUELL

WORKSHOP

OPEN JAM

TISDAG

**26 AUG • DAG 5**

9.00

12.00

15.00

20.00

**WORKSHOPS**

WORKSHOP

GEMENSAM LUNCH

BEACH ACTIVITY

OPEN JAM

ONSDAG

**27 AUG • DAG 6**

7.00

9.00

12.00

**HEMRESA**

SUNRISE MEDITATION

OPEN JAM

CHECK OUT

